

Registration Form

Please circle which session
you would like to register for:

M/T/W/TH/F M/W/F T/TH

(A two week written notice of cancellation is
required to withdraw from the program)

Student's Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Home Phone: _____

Birth Date: _____ Age: _____

Male: _____ Female: _____

YMCA Family Member: _____

YMCA Youth/Non-Member: _____

Mother's/guardian's Name Work #:

Father's/guardian's Name Work #:

Parent's E-mail: _____

Parent's Signature: _____

To register, please complete the registration
form above and send in with your registration
fee to:

Northeast YMCA,
20601 N 70th.
Lincoln, NE 68507.

Revised 7/18/2008

Club Fees

<i>Monthly Fee</i>	<i>YMCA Family Member</i>	<i>Youth/Non- Member</i>
5 day sessions	144./month	180/month
3 day sessions	90/month	108/month
2 day sessions	54/month	72/month
<i>A one time, per year \$30.00 non-refundable registration fee is due at time of registration to reserve your spot.</i>		

PAYMENT OPTION:

1. Payment can be made in advance by cash, check, Visa or Master card for the sessions you wish to register for or:
2. Payment can be made by direct draft at the beginning of the month from a checking/ savings, VISA or MasterCard.

Please check one of the following payment options:

I hereby authorize the YMCA of Lincoln, NE to make the following preauthorized debit transaction against:

___ Automatic deduction from a checking or saving account. Please circle: checking savings
Account #: _____
Bank Routing #: _____
Bank Name: _____

___ Automatic deduction from a MasterCard/Visa.
Credit card #: _____
Expiration Date: _____

Account's Holder's Signature:

Today's date: _____

YTEENS™

We build strong kids, strong families, strong communities.



MICKLE

S.T.A.R.S.

**Students Together Afterschool
Reaching Success!**

**A CLC after school program held at
Mickle Middle School in cooperation
with the Northeast YMCA**

Join anytime!
2008-2009 School Year

Northeast YMCA
2601 N 70th
Lincoln, NE 68507

www.ymcalincoln.org

Program

Activities

Sample Schedule

Art and Crafts

Your student can display their creative and artistic side while participating in activities that focus on popular culture. Activities may include (but are not limited to): photography, origami, drama, creative writing, music appreciation, painting and more.

Nutrition, Health and Fitness

Being active helps keep the mind and body healthy. The activities done during these blocks will promote fun ways to stay active. Activities may include (but are not limited to): swimming, volleyball, basketball, nutritional awareness, healthy living habits.

Life Skills

We will provide your student with basic tools he or she will be able to use in their day-to-day lives and in their future. Activities may include (but are not limited to): cooking, goal setting, communication, how to handle peer pressure, bullying.

WEEK 1				
MONDAY Art and Crafts	TUESDAY Nutrition Health and Fitness	WEDNESDAY Life Skills	THURSDAY Teen Choice	FRIDAY Character & Asset Development
WEEK 2				
MONDAY Character & Asset Development	TUESDAY Art and Crafts	WEDNESDAY Nutrition Health and Fitness	THURSDAY Life Skills	FRIDAY Teen Choice

Character and Asset Development

We will provide your student the opportunity to develop their ability to be a role model to others with leadership opportunities. Activities may include (but are not limited to): community service projects, team building, leadership development.

Teen Choice

Activities may include (but are not limited to): board games, dance party, movies, talent show, pool party.

HOURS: School's Dismissal—5:30 pm

PARENT NOTES

Research has shown time after time that after school programs are an effective way to boost student achievement and set youth on the path to a productive adulthood.

In our after school program, participants will benefit from a safe place to stay after school that includes a nutritious snack, academic support, character and asset development, organized activities and themed clubs.

We hope your child will have the opportunity to be a STAR!

Personal Pricing (Membership/Program assistance) is available. Please call our Front Desk at 434-9262 for more information.